

SPORTS RULES AND EXPECTATIONS (CONTRACT)

BGCD Sports Director: DeRon Bethea

All athletes who are members of the Boys & Girls Clubs of Greater Dallas (BGCD) understand that playing sports demands tremendous commitment and dedication to the game and their team. Likewise, parents must make a great commitment and sacrifice for their children to participate. Playing sports for BGCD is a privilege, not a right. As BGCD athletes and parents, we understand and agree to follow the contract:

PLAYER RESPONSIBILITIES:

- 1. All players will treat officials and opponents with dignity and respect.
- 2. All players, regardless of ability and/or playing time, are equal members of the team. Each and every player will treat all teammates with acceptance, respect, and friendship.
- 3. All players will provide maximum effort in practice and games.
- 4. Attendance at all practices, team meetings, and games is mandatory. While injured players may be unable to play, they are still expected to arrive on time, listen to coaches, and encourage teammates and assist the team.
- 5. In very rare situations, players may be excused from games and/or practices. When this occurs, players are responsible for informing the coach verbally through a phone call or meeting at the earliest possible time.
- 6. When players miss practices and/or games, playing time in future games may be affected.
- 7. Unexcused absences are absences in which the coach was not informed in the manner described above; and/or the reason was for the absence is unsatisfactory. An unexcused absence from practice and/or game may result in reduced playing time or other consequences deemed appropriate.
- 8. Players are to be on time for all practices and games. Tardiness may affect playing time in games.
- 9. Players are expected to directly seek understanding and resolution when questions or problems arise with coaches and teammates.
- 10. Players will conduct their personal lives in a manner that brings honor to themselves and the team. This includes school performances, self-respect, healthy behaviors and social responsibility.

PARENT RESPONSIBILITIES:

- 1. Parents will treat players, coaches, opponents, and officials with respect and dignity.
- 2. All comments by parents and their guests from the sidelines will be encouraging and/or complimentary. Parents and guests will refrain from making comments about players' mistakes or errors.
- 3. Parents will refrain from making derogatory comments to referees at any time.
- 4. Coaching the team is to be done only by BGCD approved coaches. Parents agree to refrain from coaching or directing their child or other players during all games and practices.
- 5. Parents will discuss player and/or team concerns and problems directly with the Club Director. These discussions will not take place right before or after a game. A meeting will be scheduled with the Club Director to address any issue or concern. If any issue/concern is unresolved, the parent may then bring to the attention of the Director of Athletics. During the meeting, playing time and comparisons to other players will not be discussed.
- 6. Parents will make sure their child(ren) attends all practices and games and be on time.
- 7. Parents will support coaches and encourage their kids to do the same.

COACHING RESPONSIBILITTIES:

- 1. Coaches are expected to abide by the rules of conduct embodied in the spirit of this document.
- 2. Coaches will balance individual growth, social development, and the acquisition of basketball knowledge and skills in working with individual players and the team.
- 3. Coaches will train players to play with good sportsmanship and to abide by the rules of the game.
- 4. Coaches will promote a positive atmosphere in all sports.
- 5. Coaches will devote the time and skill necessary for the good of the team.
- 6. Coaches will push and challenge each player in the program to be the best they can be!
- 7. The coaching staff's main goal is to help each player to perform to their full potential and help the team be successful.
- 8. Coaches will treat players, parents, officials, and opponents with respect.
- 9. Coaches will maintain an open line of communication with their parents and players.

PRACTICE PROTOCOL:

- 1. All team practices are from Monday through Thursday. There will be designated times for each team. Additional practice time will be provided on an availability basis.
- 2. Players will arrive dressed in the appropriate sports attire such as shorts, shoes, shirts, etc.
- 3. Jewelry is prohibited at practice and games.
- 4. Players will be expected to help with any setup, take down or cleanup.
- 5. All practices are mandatory.
- 6. If a player is going to be tardy or absent to Club for ANY reason the parent/guardian MUST contact the coach in order to be excused and participate in practice or a match on that specific

day. If you fail to do so, it will be classified as an unexcused absence.

7. A player is only allowed 3 unexcused absences for the season. If a player exceeds this limit, they will be suspended or remove from the team.

GAME DAY PROTOCOL:

- 1. ALL games are deemed mandatory. Please contact the coach if you are going to be absent.
- 2. If a player is going to be tardy or absent to a game for ANY reason, the parent/guardian MUST contact the coach in order to be excused and participate in practice or a game on that specific day. If you fail to do so, it will be classified as an unexcused absence.
- 3. <u>Teams that are traveling will report at least 30 minutes prior to the start of the game. When</u> the bus is scheduled to leave, it will leave with or without you.
- 4. All players will ride bus/van to the game unless other arrangements have been made and approved by the coach or Club director.
- 5. Players will stay for all games and will support each other. Players must sit together and not with fans or their parents.
- 6. There will be a sign out sheet for all away games. A player may be signed out by his parents/guardian or leave with another adult if they have a note from their parents and the other adult signs the sign out sheet.

<u>PLAYING TIME:</u> Playing time is based on effort and ability shown in practice as well as attending practices and maintaining good academic standing. Every attempt will be made to get each player playing time that will contribute to the success of the team. However, this is a non-equal playing environment. Players who are concerned with playing time need to speak with the coaches or Club director. ALL PLAYERS WILL PLAY!!!!!

BUS BEHAVIOR:

- 1. Players should be respectful, responsible, and cooperative while riding on the bus.
- 2. Noise should be kept to a minimum...as you should be focusing on the game.
- 3. Players should remain in the same seat and seated during the ride.
- 4. All garbage must be picked up before leaving the bus.
- 5. No food or drinks will be eaten/drunk on bus.

UNIFORMS:

- 1. Uniforms are to be kept at the Club after each and every game. The Club will wash and dry uniforms after every game.
- 2. The uniform is assigned to the player only; therefore, the player is the only one who should be wearing it. Th player is responsible for it and its components. If the uniform is damaged, or misplaced the player/parent will be expected to pay any replacement costs.

Contract Agreement

As a player, I have read and agree to the terms of the BGCD Athletics Rules and Expectations Contract. I will abide by these rules and understand that playing for the team is a privilege and not a right. I also understand that there are consequences if I do not follow the rules. These consequences can range from a game suspension up to being removed from the team.

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Player Name (Please Print) Date:
As a parent, I have read and agree to the terms of the Contract. I will do my part as a parent to make sure ralso understand the game day rules and expectation Dallas basketball league and if I do not follow them,	ny child is at practice and games on time. I s for the Boys & Girls Clubs of Greater
Parent Name	(Please Print) Date:
Parent Signati	ure Contact Number:

<u>DeRon Belhea</u>

DeRon Bethea – BGCD Director of Athletics

